

The
**Fostering
Network**



Your guide to fundraising

Run, bake, dress-up, take part!





Welcome and thank you



Did you know that...

- there are **65,000 children** living with foster carers each day in the UK
- every **20 minutes** another child comes into care needing a foster family
- there are **55,000 foster families** across the UK caring for foster children?

Dear supporter

Children and young people coming into care have often experienced neglect, abuse and trauma. We want each of them to have a positive experience of family life. **With your help we will support them to overcome the challenges of their early lives, to have high aspirations and fulfil their potential.**

The Fostering Network is the UK's leading fostering charity and transforming children's lives is at the heart of everything we do. We are the essential network for fostering, bringing together everyone who is involved in the lives of fostered children. We champion fostering and seek to create vital change so that foster care is the very best it can be.

Children in foster care need better educational opportunities and support to enjoy learning. They also require greater stability and the chance to maintain relationships in order to help them reach their full potential. Additionally, foster carers and their families need greater support and recognition in their challenging work.

Your fundraising will help us to create the vital change needed to do the very best we can for children and young people in foster care and to deliver projects and activities to improve outcomes for fostered children and young people.

Thank you for choosing to fundraise for The Fostering Network - it is fantastic to have your support and enthusiasm!

Kevin Williams
Chief Executive



How your money will help

By raising money for the work of The Fostering Network you will be helping us to support everyone involved in fostering so that we can make foster care the very best it can be, improving opportunities for fostered children and young people to help them fulfil their potential.

The Fostering Network runs a 'Helping Hands Quilters' project providing fostered children with a keepsake – their very own quilt.

Simple things like a quilt can make a huge difference to children who have experienced trauma as a result of their past. We receive many moving testimonies and thank you letters from the recipients.



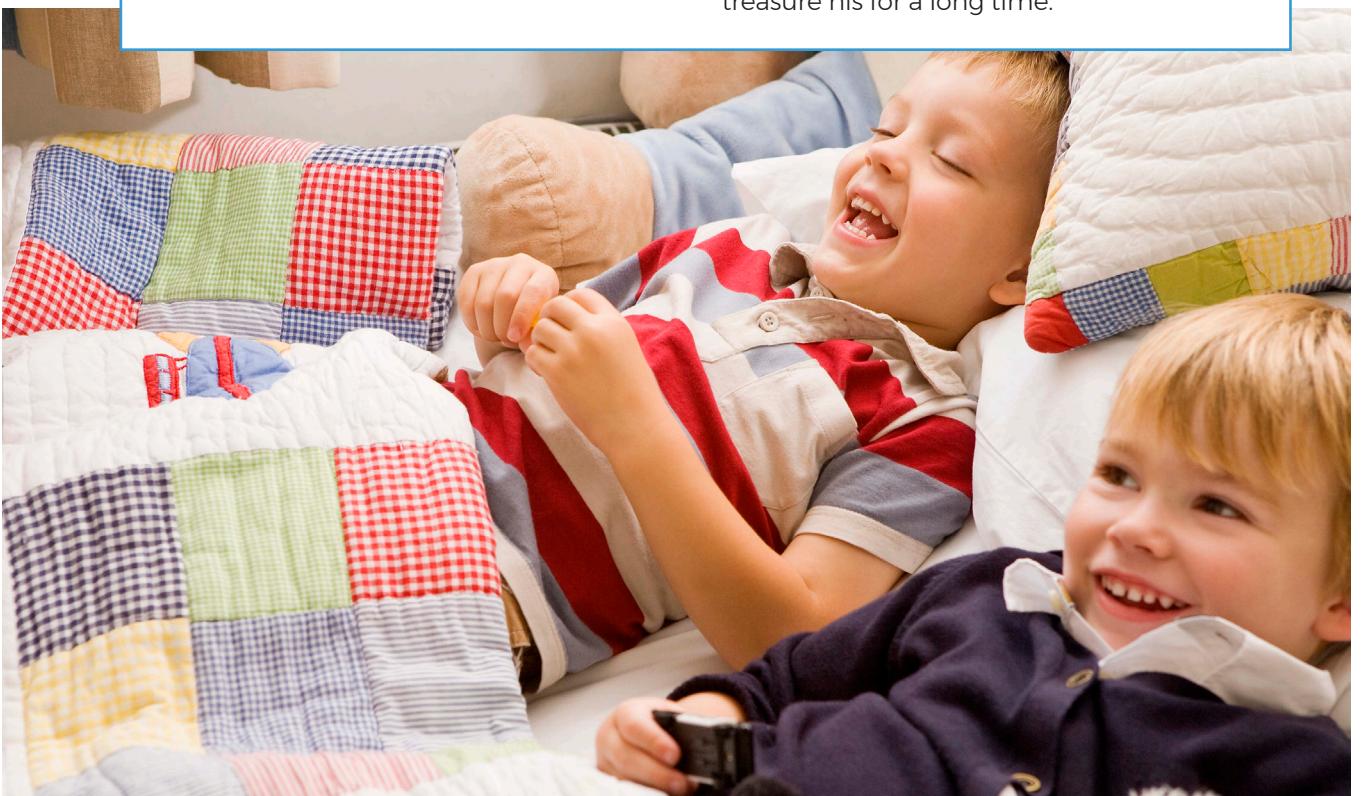
Helping Hands

I gave our foster boy his quilt and read the letter to him when he came from school today and he was absolutely chuffed with it.

When I showed him the homemade quilt and explained to him that someone had made it just for him, I think he was really quite taken aback that someone had done this just for him. He gave me a huge hug for arranging this for him, which is really for the person who made it.

He is very keen to say thank you to the person who made it and he couldn't wait to use it at bedtime. We talked about how he could use it as a bed cover, snuggle blanket or even take it with him when we go on long car journeys.

Thank you so much – the quilts make such a difference to these children in foster care who have generally had a pretty rubbish start in life. I know our foster boy will treasure his for a long time.





Our fantastic fundraisers

Every year, there are hundreds of people across the UK who **walk, run, bake, knit, jump, shave, drive, wax, dress up or dress down** in order to raise funds for The Fostering Network.

Whether it's climbing a mountain, running a half marathon, organising a pub quiz or hosting a bake sale, over the next few pages you'll find all the inspiration, ideas and advice you need to get you started!

Our fundraising team will be on hand from the moment you get in touch to help you arrange a fantastic event.



Name: **Deborah**

Event: **Foster Walk and Ride**

Fundraised: **£9,000**

Deborah says:

My partner and I have been foster carers since October 2014 and we immediately set out to see how we could raise money doing something we love to support The Fostering Network.

I'm a keen horse rider and I've organised three sponsored walk or horse rides so far in Ashdown Forest with up to 200 horses taking part in one of our three different length courses and I raised more than I ever thought I could! Everyone (including the horses!) were encouraged to dress up in orange and we gave out certificates and medals at the end. We had a food van on standby at the finish too so the hungry participants could buy some well-deserved food. I would encourage anyone to get involved and sign up to a challenge or organise one that other people can take part in - good luck!



Name: **Niki**

Challenge: **Skydive**

Raised: **£2,000**

Niki says:

I wanted to fundraise for a charity that supported children and young people which is why I chose The Fostering Network. I believe that every child deserves a loving family and even though these children have had a hard and unsettling start in life they deserve the same life opportunities as their peers, including stable and lasting relationships, educational achievement and a positive experience of family life.

I decided to take on a challenge I hadn't done before and do a sky dive. My mum and sister wanted to take part too, so all three of us took to the skies over Suffolk and completed our first ever 13,000ft freefall! The rain stopped long enough for us to complete the jump and we raised over our target of £1,400 for The Fostering Network so it was well worth it. Despite the screams as we jumped out, we'd all sign up to do another one.





Foster Walk

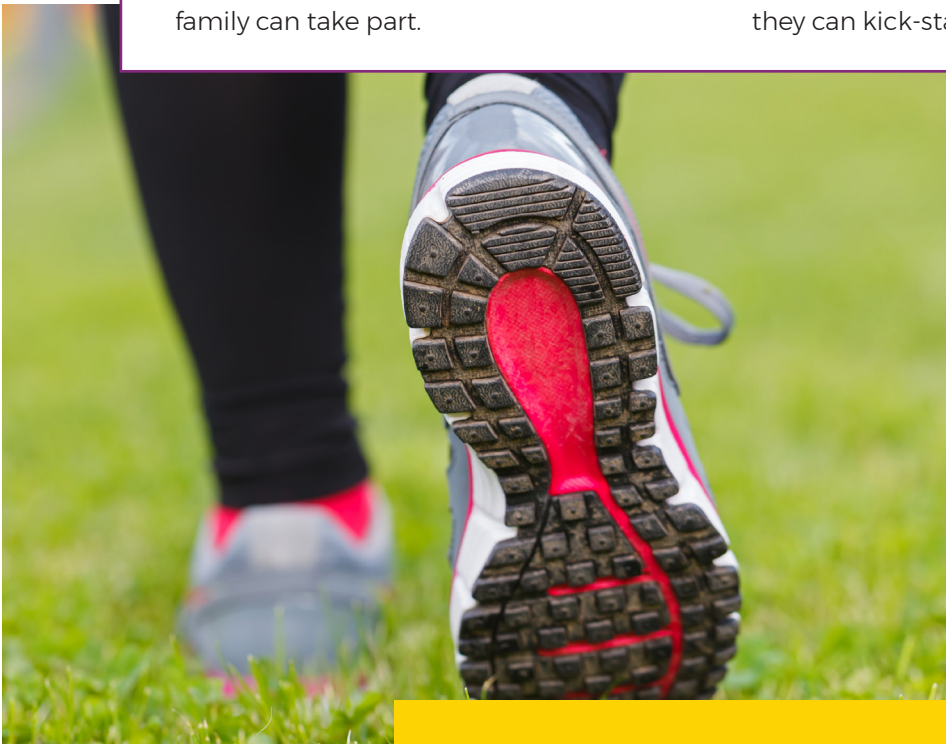
A Foster Walk is a fantastic way to get your friends, family, and colleagues together to have a fun day and to raise funds for our vital work supporting those involved in fostering.



The Fostering Network organises Foster Walk in cities across the UK, but you can also organise one of your own locally at any time of year. Whether you're an individual, a fostering service, a local authority, a family or a group of friends, you can arrange a Foster Walk in your local community.

Top tips on running your own Foster Walk

- Start by downloading the Foster Walk pack thefosteringnetwork.org.uk/foster-walk.
- Pick a route for your walk. Choose a family friendly route – fostering is all about families and we love events where all the family can take part.
- If you fancy doing something a bit different you could choose a themed or seasonal walk and finish in a local café or park.
- Tell people about your walk! Spread the word through word of mouth, posters in local schools, community notice boards and use social media to increase the awareness of your event.
- Encourage participants to create an online giving page such as Virgin Money Giving.
- Request a batch of sponsorship forms to hand out to everyone who signs up so they can kick-start their own fundraising!



Contact fundraising@fostering.net if you need any support in setting up your walk

And if you don't fancy getting your walking boots on, check out **25 Ways to Fundraise**.



Challenge yourself

Is there a **once-in-a-lifetime challenge** that you've dreamt of doing one day?
Well... that day is here!



Challenge yourself and raise money for The Fostering Network

We provide all the fundraising support you need to help you organise an exhilarating challenge that's perfect for you.

Whether you want to complete your first 10k run, a marathon, or take that once in a lifetime trip to the very top of Mount Kilimanjaro, we can support you as you help to improve the opportunities for children in foster care.

Check out thefosteringnetwork.org.uk/challenge-events for our latest challenges – there really is something for everyone!

If you prefer something a little less hair-raising, check out 25 Ways to Fundraise.



At the summit of Ben Nevis: Peter Elston, chief investment officer at Seneca, Kevin Williams, chief executive of The Fostering Network and Luke Rodgers, director and founder of Foster Focus.



Fundraise online

It's quick, easy and costs nothing!

Digital fundraising is everywhere and there's lots of simple ways that you can make a difference just by going about your normal online shopping and social media. All of these options take a few minutes to sign up to and then they do the rest of the work for you.

The Giving Machine

The Giving Machine works by generating commissions through online shopping (retailers include Amazon, John Lewis, Skyscanner, Sainsbury's and Next). They convert the commissions in to donations for your chosen cause at no extra cost to you.



- Sign up as a 'Giver' for free (thegivingmachine.co.uk) and choose The Fostering Network as your charity to support.
- Install the 'shopping reminder' via Google Chrome – this small piece of software sits on your device.
- Go about your online shopping as normal! The Giving Machine will pop up to let you know which websites you're generating a donation on – bonus!
- You can download The Giving Machine software to your laptop, tablet or desktop or download the app for phones and tablets.

Facebook Fundraisers

Facebook now have a 'fundraiser' function. It works like an online giving page but is already embedded within Facebook so it makes it easier for your Facebook friends to donate.



- Scroll to the bottom of your Facebook Page and find the 'Create' heading on the left.
- Click the 'fundraiser' link and create your fundraiser.
- Once you've created your fundraiser you can publish it on your Facebook and anyone who clicks on The Fostering Network's profile on Facebook will be able to see your fundraiser and donate if they want.

Discount codes for you

Everyone loves a discount! The Savoo website will generate a donation for every discount code that gets used. It's free and simple to use:



- Visit savoo.co.uk and sign up (this takes two minutes).
- Choose 'The Fostering Network' as your charity to support.
- Visit the website at any time to search for a relevant discount code.
- Use the code and Savoo will generate a donation for your charity of choice!



25 ways to fundraise!

Absolutely anything you enjoy can be made in to a fundraiser! We've listed 25 ideas below to start you off, but really the list is endless...



Ideal for the sporty side of you:

1. Running/walking/trekking challenge
2. Cycling challenge (static bikes work too!)
3. Skydive
4. Obstacle course (Tough Mudder for example)
5. Swimming challenge
6. Golf day
7. Group hike/trek/walk/ramble
8. Sports tournament (football, cricket, rugby)



Ideal for bringing people together:

9. Group challenge (obstacle course, relay run)
10. Dress down at work/school day
11. Family fun day event
12. Carols by Candlelight
13. Themed party (Eurovision, Halloween, Christmas)
14. The Big Night In - films, spa treatments, cooking
15. Ask your local if you can host a pub quiz



Ideal for fundraising with food:

16. BBQ
17. Wine tasting evening
18. Coffee morning
19. Dinner party (you could pick a theme!)
20. Cake sale at work/school/ in your local community



Or why not try one of our miscellaneous ideas?!

21. Holding a raffle as part of an event already happening
22. Brave the shave or a sponsored waxathon
23. Sponsored car wash at home or work
24. Sponsored silence for 24 hours (it's harder than you think!)
25. Ask people to fill a Smarties tube with 20ps (each tube holds £12)

You could distribute tubes with this poem:

*We've given you these Smarties to eat
But the empty tube you must keep
For every task done, earn 20p
It's up to you to earn your fee
Fill up your tube, right to the top
Return in three weeks for our charity pot!*



Like the sound of one of the fundraising ideas, or have an idea of your own, but not sure where to start? Contact our fundraising team who can help you turn your idea into reality. Call 020 7620 8403 or email fundraising@fostering.net.



Your fundraising event

Making your fundraising event legal, safe and fun!

Now you've decided what fundraising event you want to organise, here are a few of our top tips to make sure your event is a success.



Create your online fundraising page

If you're doing a challenge of any sort then use **Virgin Money Giving** or **Just Giving** to set up your fundraising page and share the link on social media and by text or WhatsApp too!

Social media

Use social media wherever you can to help spread the word about what you're doing and encourage people to donate. You could:

- Create a Facebook event and invite everyone to it.
- Share your online fundraising pages on your social media.
- Ask your work or local community to advertise the events on their intranets or websites.
- Use Twitter and Facebook to rally interest and awareness of your efforts.

Location, location, location

You could hold an event at home or in your local community. Picking a suitable, and if possible unique, location for your event will make all the difference to its success.

Date

Make sure you pick a date that doesn't conflict with any other local events or major sporting events.

Alcohol licence

You don't need a licence to provide alcohol at a private event, such as a street party or at home, as long as the alcohol is not being sold. If you're planning on selling alcohol, find out if you'll need to apply for a licence. It will take you about two months to apply and receive a temporary event notice.

You can find out more information about licenses and how to apply for them from www.gov.uk

Risk assessments

It's always a good idea to carry out a risk assessment to make sure your event is as safe as possible – don't worry it's much easier than it sounds!

A risk assessment is a careful consideration of the different elements of your event which could possibly cause harm to your guests. Risks could include trip hazards such as uneven surfaces or the weather. Get in touch with us to request a risk assessment form.

Once you've identified any risks, you'll need to consider if there are any ways you can reduce that risk such as if you're having an outside event – having somewhere to retreat if the weather changes or asking your guests to come armed with raincoats and umbrellas.



How to pay money in

Thank you for raising money for The Fostering Network!

Now the hard work is done all you need to do is pay the money in.



Online fundraising

Anything you've raised online will come directly to The Fostering Network and the Gift Aid will have been added on where appropriate so there is no action on your part. Online giving pages close automatically three months after your event is over.

Offline fundraising

All funds collected should be sent to The Fostering Network within six weeks of collection if possible, and it's a good idea to always have two people present to count any money raised.

When you're ready to pay in your money you can:

1. Pay the money directly into our bank account
Account name: **The Fostering Network**
Sort code: **20-65-82**
Bank account no: **43177947**
2. Make a donation online via our website: **thefosteringnetwork.org.uk**
3. Send a cheque to The Fostering Network, 87 Blackfriars Road, London, SE1 8HA

However you decide to donate, please let our fundraising team know on **020 7620 8403** or **fundraising@fostering.net**.

Gift Aid

- By allowing The Fostering Network to claim gift aid on a donation, we're able to add 25p of every £1 donated.
- You must complete a **donation form** (included in this pack) or you can find one on our website. In order to claim gift aid on any donation you must provide us with your address, postcode and you must be a UK taxpayer.
- Please also use the **sponsorship forms** (included in this pack) to collect Gift Aid declarations from anyone who donates to you or your event. That way we can increase your donation by as much as 25 per cent with no extra cost to you.

They must tick the Gift Aid box if applicable in order to be eligible. *giftaid it*



How we can help



Help is at hand

If you'd like to do something but not sure what or if you've got an idea but aren't sure how to go about making it a reality then we can help you! Call or email our fundraising team on **020 7620 8403** or **fundraising@fostering.net**



Let us know!

It's great to hear about everything our supporters get up to around the UK and beyond. Please do keep in touch about your events and challenges and wherever possible, photos help to bring your story alive. With your permission, we might Tweet your mission or use your story in our Foster Care magazine so we can inspire more fundraisers to get involved. Please check that you have permission from participants to take and share photos.



Thank yous

We can provide thank you certificates to anyone and everyone who has taken part in a fundraiser of whatever nature, so let us know how many you need and where they need sending to.



Materials

We can provide the following so that you can brand your event orange for The Fostering Network!

- Banners*
- Certificates
- Collection buckets*
- Foster Walk stickers (if you're planning a walking challenge)
- Hand held collection pots*
- Medals (for sporting challenges)
- Orange bunting*
- Sports vests
- T-shirts for the organisers (t-shirts for participants are available for a donation)

*(*Please note that we will need you to return these items when you have finished with them as we have limited resources available)*



Sponsor form

Please sponsor me to help raise money for The Fostering Network, so that they can continue their life changing work transforming fostered children's lives. Thank you.

Event:
Location: Date:
Name:
Address:
Post code:
Phone:
Email:

Can we contact you?

We will use the details you provide us below to tell you about how your support is helping The Fostering Network and other ways you could support us in future. These could include other fundraising opportunities, or giving an occasional one off donation.

I am happy for The Fostering Network to contact me by email.

If you're happy for us to stay in touch by post and phone, you don't need to do anything. If you do not wish to hear from us by post or phone, please tick the below boxes:

Please don't contact me by Post Phone

You can change your mind at any time about the ways we contact you by calling our Fundraising Team on 020 7620 8406 or emailing us at fundraising@fostering.net. You can also tell us if you no longer wish to hear from us.

Children aged under 13 must obtain the consent of a parent or guardian before providing any personal information.

Increase your gift at no cost to you

As a charity, The Fostering Network can reclaim tax you have paid on your donation, increasing your gift by 25p for every £1 you give.

If I have ticked the box headed 'Gift Aid?', I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want to reclaim tax on the donation detailed below, given on the date shown. I understand that if I pay less Income Tax / or Capital Gains tax in the current tax year than the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference. I understand the charity will reclaim 25p of tax on every £1 that I have given.

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Title	First name	Surname	Full home address - NOT work address (essential for Gift Aid*)	Postcode	Tick the box for Gift Aid	Amount pledged	Paid?
Ms	Angela	Example	15 Example Street, Example	EX4 8PL	<input checked="" type="checkbox"/>	£25	<input checked="" type="checkbox"/>
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Thank you for your support

Please return your form and cheque (payable to The Fostering Network) to:
The Fostering Network, 87 Blackfriars Road, London SE1 8HA

For more sponsorship forms please visit
www.thefosteringnetwork.org.uk/fundraise/fundraising-resources

Title	First name	Surname	Full home address - NOT work address <small>(essential for Gift Aid*)</small>	Postcode	Tick the box for Gift Aid	Amount pledged	Paid?
Ms	Angela	Example	15 Example Street, Example	EX4 8PL	<input checked="" type="checkbox"/>	£25	<input checked="" type="checkbox"/>
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Page Total	£
Grand total	£



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Donation form

Thank you for your gift.

Title: _____ First name: _____ Surname: _____

Address: _____

Post code: _____

Phone: _____ Email: _____

Reason for donation:

Please debit my credit card/debit card £

Visa Mastercard Delta Maestro CAF Charity Card

Name on card:

Card Number:

Expiry Date: / Valid from: / Security Code:* Issue No:

*last three digits on the signature strip

I enclose a cheque made payable to The Fostering Network for £10 £20 £50 £100

Another amount £

Signature

Date / /

Please complete this form, sign and return it to:

The Fostering Network
FREPOST RTKY-JJGZ-UGUR
87 Blackfriars Road
London
SE1 8BR

Increase your gift at no cost to you

If you Gift Aid your donation, The Fostering Network will receive an additional 25p for every pound you give. Your address and postcode is needed to identify you as a current UK taxpayer.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations, it is my responsibility to pay any difference.

Please notify us if you change your name or home address, or no longer pay sufficient tax on your income and/or capital gains, or want to cancel this declaration.

Signature _____ Date _____

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Thank YOU

For help with your fundraising,
please get in touch with:

Rachael Crowther, Fundraising Officer

t 020 7620 8403

e fundraising@fostering.net



thefosteringnetwork.org.uk

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 [@fosteringnet](https://twitter.com/fosteringnet)

 [@fosteringnet](https://www.instagram.com/fosteringnet)

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